

**Collinsville Unit School District #10**  
**Information Regarding Enterovirus D68 (EV-D68)**

There are more than 100 types of enteroviruses, which are very common viruses of respiratory illness. It is estimated that up to 15 million enterovirus infections occur in the U. S. each year. Most infected people have no symptoms or mild symptoms but some infections can be serious. Enterovirus infections tend to occur seasonally, often accompanied by febrile rash, and other respiratory illnesses. These viruses are transmitted through close contact with an infected person, or by touching objects or surfaces that are contaminated with the virus and then touching the mouth, nose, or eyes. Enterovirus D68, a specific type of enterovirus, usually causes mild to severe respiratory illness. Symptoms reported have included cough, difficulty breathing, with or without fever and wheezing.

Most importantly, if your child has respiratory symptoms that are not improving, contact your child's physician and/or seek medical treatment. You can reduce the risk of infection by following these measures:

- Wash hands often with soap and water for 20 seconds, especially after changing diapers
- Avoid touching eyes, nose and mouth with unwashed hands
- Disinfect frequently touched surfaces, such as toys and doorknobs, especially if someone is sick
- Stay home when feeling sick and obtain consultation from your health care provider
- Do not send your child to school with fever (over 100 degrees) for 24 hours
- Do not send your child to school with a severe undiagnosed cough

If you seek consultation from your health care provider, please provide the school with documentation including activity restrictions/medication orders/treatment orders as per the physician's discretion.

**You can find more information on Enterovirus-D68 at [www.idph.state.il.us](http://www.idph.state.il.us) or [www.cdc.gov](http://www.cdc.gov) .**